

TIP OF THE

Oct. 21, 2005

SWORD

Incirlik Air Base, Turkey

WARNING

Ready for anything

Readiness keeps Incirlik prepared for disaster

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On the cover:

Airman 1st Class Wesley Lacaze, 39th Civil Engineer Squadron readiness apprentice, simulates monitoring a vehicle tire for contamination. The readiness flight trains the rest of Incirlik to respond to natural disasters and nuclear, biological and chemical threats. See story on Page 8. (Photo by Airman 1st Class Dawn Duman)

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Mission: Inspiring every how

By Col. "Tip" Stinnette
39th Air Base Wing commander

Mission or purpose is not simply a target an organization chooses to aim for; it is the organization's reason for being. Mission is an image of purpose that inspires action, determines behavior and fuels motivation. Last week we talked about our vision, to project the most respected and versatile mission support capability in U.S. Air Forces in Europe. This week's installment to the three part series on Vision, Mission and Goals presents our mission statement.

Our mission is to provide full spectrum, world-class forward operating base support to expeditionary forces while developing the professional talents of our men and women. This is our purpose and reason for being. Our mission is not an end-state but rather a journey of actions. In order to successfully execute our mission we must expand our capability, viability and effectiveness while honing our core competences to achieve the highest ratings possible on all inspections.

The second component of our mission is the fuel that makes it go ... the development of the professional talents of our men and women. Airmen, dependents, government civilian employees and, in essence, all Team Incirlik members are stakeholders in this component.

At the tip of the developmental spear is the expeditionary training necessary to perform our individual skills when deployed. Closer to home is the education critical to furthering our professional development,



Col. "Tip" Stinnette

leadership abilities and contributions to the greater community.

Our mission statement provides the why that inspires every how. It is clear to me that we have all the ingredients necessary to achieve our vision of becoming the most respected and versatile mission-support capability in USAFE. Our mission statement articulates the means by which we will achieve our vision by developing people and building a world-class forward operating base supporting full spectrum operations from contingency to sustainment to humanitarian missions. Buckle up, get ready, get set, go.



Project Wizard, a U.S. Air Forces in Europe special interest program, focuses on the opportunities to study and explore through libraries.

The Incirlik goal for Project Wizard

is to provide double the USAFE goal of library programs per quarter. Right now Incirlik has 21 programs available. This is up seven programs from last quarter.

Three of the programs offered at the library are Book Club in a Box, Dear Reader Online Book club and College Level Examination Program and Test Prep materials. For more information about the program or upcoming events, call the library at 6-6759.

Individual mission has AF-wide affects

EDITORIAL

Chief Master Sgt. Ray Allen

39th Air Base Wing command chief master sergeant

Our mission statement is “to provide full spectrum, world-class forward operating base support to expeditionary forces while developing the professional talents of our men and women.” In my vision article last week, I said our mission at Incirlik is “protection of assets, geographically separated unit support, air refueling support, cargo hub support and support for any other contingency that comes our way.” We all contribute to mission accomplishment and we do it in a world-class manner.

We all hear and say we have to get the mission done and we press on in our own little world to do it. Sometimes we need to step back and look at the bigger picture.

Whether we are loading C-17s, computing a travel voucher, installing phone lines or maintaining aerospace ground equipment, we are individually only a small piece in the structure of Incirlik’s, U.S. Air Forces in Europe’s and the Air Force’s mission. The key is each of us is critical to the mission at our level. If we do not give our all and ensure our part is done, another part could fail down the line.

Your mission support is putting fuel in aircraft over the Black Sea and is getting supplies to Airmen and Soldiers in Iraq and Afghanistan. Your support of a deployed member’s family here is ensuring

his or her peace of mind so they can fully concentrate on the mission downrange. Your dedication to the mission is ensuring the security of family and friends at home, your Air Force family and your immediate family.

Another aspect of our mission is to train and equip our Airmen to not only accomplish the mission, but to lead others in mission accomplishment. It is the duty of officers to provide training opportunities for the Airmen in their charge so they can perform the mission to the utmost of their ability. It is the responsibility of senior NCOs to train and mentor the NCOs under them to take on increased responsibility and leadership roles. It is also a senior NCO’s role to guide and teach junior officers to be the future leaders and commanders of our Air Force. Senior NCOs have the experience commanders and senior leaders rely on for the facts and best solutions to meet our objectives. It is the primary duty of all Airmen to become fully proficient in their job and as formal and informal leaders in the work center.

When you think of mission, do not stovepipe yourself. Think not only of your piece of the puzzle, but also how you affect the way other people complete their part of the mission, here and elsewhere. Remember you are a force multiplier, not only by doing your technical job but by ensuring our Airmen, both officer and enlisted, are fully trained and ready as well.

Editor’s note: This is part two of a three-part series.

Training the future

LACKLAND AIR FORCE BASE, Texas -- Staff Sgt. Michelle Crossmanhart, 323rd Training Squadron military training instructor, stands at attention during the Basic Military Training graduation parade.

The Air Education Training Command Special Duty Briefing Team will brief all aspects of special duty opportunities 8:30 to 10:30 a.m. Nov. 3 in the club.

Spouses are encouraged to attend. Airmen first class with at least 24 months time in service through master sergeants with less than 17 years total active federal military service are invited. They are also eligible to apply for these special duty assignments on the spot.

Those who wish to apply can shorten the process by bringing their applications with them to the briefing.

For a copy of the application, call Master Sgt. Roberta Williams, 39th Air Base Wing career adviser, at 6-1019 or Master Sgt. Tony Cruz Munoz 39th ABW command chief executive at 6-8666.



Photo by Master Sgt. Ken Wright

Action Line:

People ask about trash bins, road rules

New Trash Bins

Q: On my way to work, I noticed there was a large amount of trash bags lying on the curb of Falcon Housing awaiting pick-up. The birds and cats had already opened a few bags and trash was spilling out. What was the point of purchasing all new trash bins if the trash was just going to be dumped on the side of the road?

A: I have noticed the same thing during my runs and drives through the housing areas. The new brown cans were purchased to help abate the animal and appearance problems. Unfortunately, the new cans are smaller than the old cans so we need to get more to make up the difference. Thank you for expressing an interest in keeping our base neat.

Traffic Rules

Q: I have a concern with bicycle, skateboarder and motorized scooter on the installation being allowed to operate without following prescribed traffic regulations. I have had several close calls during daylight and evening hours and feel it is only a matter of time before a serious incident occurs. Is there a way to make this a higher priority with safety, first sergeants and commanders?

A: Thank you for voicing this important concern that reminds us we need to be ever vigilant with our safety education given the frequent turn-over of personnel. Our safety office has provided the response below and will work to ensure we keep our education efforts front and center.

For each type of vehicle there's specific guidance to follow to ensure everyone's safety. But regardless of the vehicle type you must follow the rules of the road.

For skateboards and scooters here are the requirements to safely operate them:

Skateboard operations:

- ♦ Anyone on a skateboard must wear protective headgear that meets American Society for Testing and Materials standards. Additionally, protective wrist guards, kneepads and elbow pads will be worn. The following requirements apply to personnel using a skateboard:

- ♦ Road and street operation – Skateboards are permitted on Falcon, Phantom,

Herky and Eagle housing area roadways. Skateboards will not be operated on any other streets. Skateboards will be operated single file and will not cross the centerline of the road. Operators will obey all traffic signs.

- ♦ Sidewalk operation – Skateboards are permitted on all sidewalks with the exception of the base exchange, commissary, post office area, bowling alley, and the recreation center.

- ♦ Parking lots – Skateboards are permitted in unused or unused portions of parking lots during non-operation hours of the building the parking lot serves. Skateboards will not operate between parked vehicles.

Scooter operations:

- ♦ Will obey all applicable traffic rules and regulations

- ♦ Will not wear earphones/headphones

- ♦ Do not overtake vehicles stopped for pedestrians

- ♦ Avoid engaging in risky riding behavior

- ♦ Riders must wear closed-toe shoes and an approved helmet with the chinstrap secure.

- ♦ Scooters and Go-Peds are only authorized during daylight hours

- ♦ Scooters and Go-Peds are not authorized on A Street, E Street, and the base exchange parking lot

- ♦ No riding on sidewalks

Follow these rules and we should all be safe. If you see someone not complying, call the law enforcement desk at 6-3200.

Action Line program

The Action Line program provides an avenue for the Incirlik community to voice concerns, complaints and opinions to Col. "Tip" Stinnette, 39th Air Base Wing commander.

The program should only be used after trying to resolving the issue through the chain of command.

Submit Action Lines by e-mailing action.line@incirlik.af.mil or calling the 39th Public Affairs Office at 6-6060.

Concerns are edited to 300 words or less. Action Lines may be printed in the *Tip of the Sword*.

YOUR TURN

What was your favorite Halloween costume when you were growing up?

"I liked it when I was a vampire for Halloween."

— **Airman**

Joshua White, 39th Logistics Readiness Squadron



"I was actually an adult when I found my favorite Halloween costume. I like to be Xena."

— **Staff Sgt. Julia Hagan, 39th Operations Squadron**



"My favorite costume when I was growing up was Superman."

— **Master Sgt. Clyde**

Andrews, 385th Air Expeditionary Group



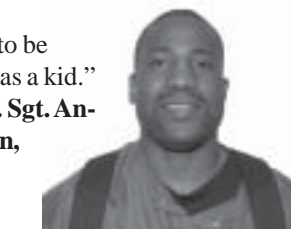
"My favorite costume was when I was a witch. I looked pretty good with fake warts and my hair painted black."

— **Amanda Nutter, 39th Services Squadron**



"I liked to be Spiderman as a kid."

— **Tech. Sgt. Anthony Green, 728th Air Mobility Squadron**



To submit a question for "Your Turn," call 6-6060 or e-mail tip.sword@incirlik.af.mil

Incirlik bodybuilders compete in Europe

By 1st Lt. S.J.B. Bryant

39th Air Base Wing Public Affairs

Two sergeants from the 39th Logistics Readiness Squadron shed their uniform Oct. 8 to show off their physiques at the 2005 U.S. Forces in Europe Body Building Championship in Kaiserslautern, Germany, along with others from every branch of service as well as Department of Defense civilians.

Master Sgt. Gregory McCoy, NCO in charge of mobility operations, and Tech. Sgt. Delana Jemison, fuels environmental evaluator, were one of more than two dozen to compete in the competition, which brings bodybuilders from throughout Europe together.

The competition, the first European competition for both Incirlik participants, was hosted by the Morale, Welfare and Recreation organization but was primarily an Army Europe competition. However, bodybuilders from around Europe including Belgium, Germany and Italy eyed the prize for being the best.

"The competition was a good stepping stone for us both because we had never competed in Europe before," said Sergeant McCoy, who has been in the sport for nine years. "Tech. Sgt. Jemison, who is also a PT leader, and I started working out together four months ago to prepare for the show. Our next show will be the United States Air Forces in Europe Ultra Bodies competition at Royal Air Force Lakenheath, England, in June."

Sergeant Jemison finished second in the women's heavyweight category while Sergeant McCoy placed third in the men's heavyweight category. Both received a trophy and media recognition through the Installation Management Agency Europe.

Competition is not new to either bodybuilder as Sergeant Jemison competed in Guam where she finished first in heavyweight for 2002 and 2003 and Sergeant McCoy competed in Okinawa, where he finished first in the heavyweight division and overall winner in the 2003 and 2004 Far East Bodybuilding Competition Camp Foster, Japan and Kadena AB, Japan. But as skilled as these two are, support is still needed to succeed.

"We represent not only our units, but the Air Force," said Sergeant McCoy. "We paid for airfare, lodging, local transportation, food and entry fees. We took personal leave and we also dedicated an extra 40 hours a week toward training. However, we never got recognized for the extra time to stay above the Air Force required norm. But we still represented ourselves and the Air Force to the best of our ability."

Unfortunately, Sergeants Jemison and McCoy went to the competition with little pomp and circumstance except from close family and friends. But both returned with awards regardless.

"After competing in four events I have learned that the other services of the armed forces highly promote their members to participate in unique events," he added. "It helps spread their need for physical

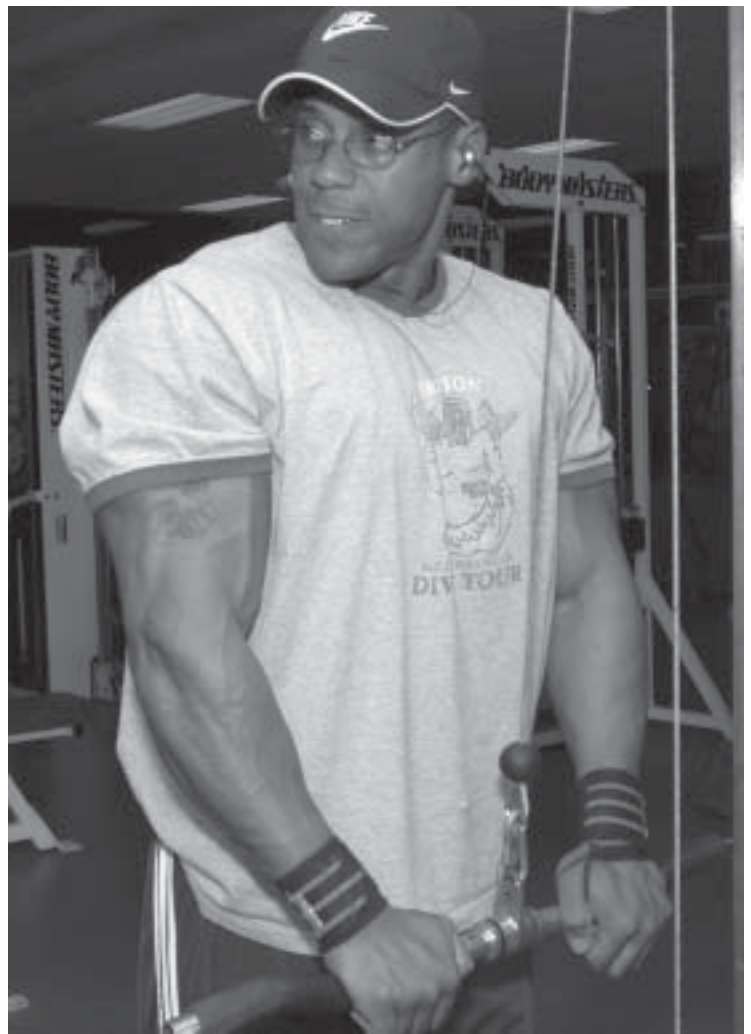


Photo by Tech. Sgt. William Gomez

Master Sgt. Gregory McCoy, 39th Logistics Readiness Squadron NCO in charge of mobility operations, performs tricep pull-down exercises as he trains for the U.S. Air Forces in Europe Ultra Bodies competition in June.

fitness. You have to be really dedicated and it is the hardest event to train for. So, you need to have the full support of those around you."

"Training for this competition has been a real challenge," said Sergeant Jemison, who does not believe in diets or workout programs but rather a lifestyle (healthy-eating) plan and a workout routine. "Fortunately, I was able to meet all of my dieting needs in the dining facility. I never would have thought being in the dormitory on a meal card I would be able to train effectively for this competition. But I did, and I came home with a prize."



Combat Fitness is a U.S. Air Forces in Europe initiative to facilitate the goal of a fit and healthy force. The Incirlik Combat Fitness goals are to decrease the delinquency rate to less than 1 percent of the population and decrease the at-risk rate to less than 4 percent of the population. People at risk are people who score lower than 75 on the physical training test. In September more than 53.3 percent of Incirlik Airmen logged 12 or more workouts in FitLinxx. This is up 9.7 percent since August.

Fit to Fight

Fitness Boot Camp helps troops get fit to fight

By Capt. Denise Burnham
39th Air Base Wing Public Affairs

Approximately 40 members of Team Incirlik are enrolled in the 39th Air Base Wing commander's new "Boot Camp Program" which began here Oct. 3.

It is designed to help military individuals in the poor fitness category achieve at least a score of marginal by mandating daily workouts.

Participants and cadre meet at 4:55 a.m. weekdays at the high school track and participate in a series of calisthenics after the roll call. Effective this week the cadre will rotate by having various squadrons facilitate a week's worth of camp.

Facilitating squadrons will provide a cadre of two officers, one senior NCO and one trained physical fitness leader. Guest leaders such as physical therapy and the health and wellness center staff, also facilitate the sessions. However, the services squadron will continue to provide program oversight and ensure the rules of engagement are being followed.

"Our intent is to augment individual unit training efforts with a wing-wide focus," said Col. "Tip" Stinnette, 39th ABW commander. "The initiative is not designed to be convenient and its objective is to reduce the number of poor physical fitness test performers we have at Incirlik and make us more fit collectively."

"Mondays and Wednesdays we work on cardiovascular endurance," said Capt. Mike

Meek, 39th SVS combat support flight commander and project officer for Boot Camp. "We do this by performing endurance runs and sprints. Tuesdays and Thursdays we work on muscular strength by performing various types of callisthenic exercises."

"Fridays we perform an unofficial assessment with push-ups, sit-ups and the 1.5 mile run," he added. "This gives each individual a snapshot of what types of improvements they are making."

Boot Camp is mandatory for all poor performers. People on medical profiles are encouraged to perform exercises that work within their individual profile.

"The wing has been making progress in reducing personnel in the poor category, we are down by 15 total, or 29 percent since this time last year," said Lt. Col. Mike Platt, 39th SVS commander and program director. "Unfortunately, we still rank second to last in the (USAFE) command. We are hoping this added incentive will help motivate all our marginals and poors to work their hardest to get into the good category."

Members participating in Boot Camp are required to attend their regularly scheduled unit fitness program according to the program rules of engagement. Boot Camp is open to anyone who wants to increase their individual fitness scores regardless of category.

"The team is as fit as its weakest member and we need to take a collective approach to-



Senior Airman Larry Reid Jr.

Master Sgt. Ernie Fasoldt, 39th Services Squadron first sergeant, conducts a warm-up exercise during boot camp. The camp is designed to help military individuals in the poor fitness category achieve at least a marginal on PT tests by mandating daily workouts Mondays through Fridays.

ward assisting each other onto the path of success," said Colonel Stinnette. "Let's buckle up and get there together ... as a team ... the best in USAFE!"

Avian flu not a threat to Incirlik

An outbreak of avian influenza was discovered in the bird population of a Turkish village roughly three hundred miles north and west of Adana last week.

There is definitive confirmation the avian influenza type A subtype H5N1 was the strain discovered in domestic turkeys in Kizikska, Turkey.

Avian influenza type A subtype H5N1 is a viral infection that usually affects wild birds but can affect and cause serious disease among poultry such as chickens, according to the Center for Disease Control Web site at www.cdc.gov.

It is unusual for humans to get the virus directly from poultry or wild birds. Most cases of human infection are thought to have occurred from direct contact with sick or dead poultry and their waste products.

At this time, there is no indication the virus has undergone the genetic changes that will allow it easily pass from person to person.

Right now, the risk to people at Incirlik is small; however a few preventative measures may be taken to minimize the risk even further:

- ♦ Separate raw meat from cooked or ready-to-eat foods.
- ♦ Do not use the same chopping board or the same knife for prepar-

ing raw meat and cooked or ready-to-eat foods.

- ♦ Do not handle either raw or cooked foods without washing hands.
- ♦ Do not place cooked meat back on the same plate or surface it was on before it was cooked.
- ♦ All foods from poultry, including eggs and poultry blood, should be cooked thoroughly. Egg yolks should not be runny or liquid.
- ♦ Because influenza viruses are destroyed by heat, the internal temperature of cooked poultry products should reach at least 165 degrees Fahrenheit or 74 degrees Celsius.
- ♦ Wash egg shells in soapy water before handling and cooking, and wash hands afterward.
- ♦ Do not use raw or soft-boiled eggs in foods that will not be cooked.
- ♦ After handling raw poultry or eggs, wash hands and all surfaces and utensils thoroughly with soap and water.

The 39th Medical Group is continuing to monitor the situation closely and will report any changes in the disease threat level.

For more information, call public health at 6-6123.

(Courtesy of 39th Medical Group public health flight)

Safety first in action

Airman voice concern, affect change in community

By Staff Sgt. Shanda De Anda
39th Air Base Wing Public Affairs

'Everyone has the ability to affect change' is sometimes an ideal rarely seen in action. However, at a recent town hall meeting, that ideal became a reality at Incirlik.

To help address the safety concerns voiced by one Incirlik Airman, the base exchange and commissary parking lot has or is scheduled to undergo minor changes to include the repainting and addition of arrows to better conduct the flow of traffic (with more frequent paint touch ups to help ensure continued visibility); clearer divisions between opposing parking spaces; the installation of speed limit, one-way traffic and pedestrian crosswalk signs; and pedestrian crossing stripes.

"During the housing town hall meeting ... we had a team Incirlik member inquire about the safety violations noted in the BX/commissary parking lot," said Chief Master Sgt. Jeffery Peters, 39th Mission Support Group superintendent, in an e-mail to the 39th Air Base Wing Safety Office.

Within two days, the safety office visited the area to evaluate the situation and recommend actions to address concerns and improve the safety of the Incirlik community.

"Part of the mission of the safety office is to perform and assist in risk assessment and we followed up on Chief Peters' e-mail with a full scrub of the area in question as part of that mission," said Tech. Sgt. David Zibbon, 39th ABW ground safety manager.

Recommended changes from the safety office required coordination through other agencies for approval and execution. Although the process was a quick and thorough one (corrective actions began within 10 days), the safety office solicited the aid of the 39th Security Forces Squadron for immediate action. The presence of security forces helps remind people there are consequences for noncompliance.

"People come here with a TDY mindset almost like they are away from home and on a vacation and sometimes think the rules don't apply," said Maj. Randy Pharr, 39th ABW safety chief.

"We requested security forces patrol the area with lidar (laser system similar to the radars used in the states to help track vehicular speeds) to help provide a better idea of what excessive violator speeds are and to deter

people from taking shortcuts or just being generally unsafe," said Sergeant Zibbon.

Security forces agreed and joined the team, which also consisted of base leadership, 39th Mission Support Group, 39th Civil Engineer Squadron, Vinnell Brown and Root, and safety, to help alleviate this safety concern.

Based on past trends "our presence has cut down on driving in the wrong direction, parking against the flow of traffic and excessive speed in the BX and commissary parking lot area," said Staff Sgt. Angela Clear, 39th SFS police services administrator.

With such significantly positive results, security forces plans to continue patrols in this congested, high-traffic area.

Although work is still in process, significant improvements including the repainting of directional arrows to better control the flow of traffic have already been accomplished.

"In this job we impact the lives of almost everybody," said Master Sgt. Garvin Dansby, 39th ABW ground safety manager. "Our success is highly dependent of everybody doing their part."

To help improve the safety at Incirlik, please call the safety office at 6-7233 for more information. To report unsafe vehicular activity, call security forces at 6-3200.



Photo by Senior Airman Larry Reid Jr.

The 39th Security Forces Squadron uses lidar to enforce parking lot speed limits of 5 mph or 8 kilometers per hour.

IN THE NEWS

Power outage

A base wide power outage is scheduled from 6 a.m. to 2 p.m. Oct. 23, to install high voltage switches in the main power substation. For questions or special needs for backup power, call John Bufford or Joe Smalls at 6-6846. For more information, call Mehmet Arslan at 6-8020 or 6-6570.

Trick-or-treat

Trick-or-treating is 6 to 8 p.m. Oct. 31 in Incirlik housing. Children participating should have costumes short enough to avoid tripping, carry a flashlight and a reflective belt, and walk in a group. Trick-or-treaters should walk on sidewalks and cross streets at crosswalks. Parents or a responsible adult should accompany young children. For more information, call the safety office at 6-7233.

Holiday hours

The base commissary is closed Nov. 3 to allow Turkish employees to observe the end of Ramazan. The commissary is open during normal hours on Veteran's Day and Thanksgiving Day. For more information, call 6-6855.

Holiday mailing deadlines

Packages should be mailed by Nov. 26 for space available mail and Dec. 10 for priority and first-class mail to reach the United States before Christmas. For more information, call the Official Documents Center at 6-6301.

Wing Holiday Gala

The Wing Holiday Gala is 6 to 9 p.m. Dec. 2 at the club. The dress is smart casual. For more information, call 1st Lt. Aisha DaCosta-Paul at 6-3172 or Master Sgt. Cynthia Pierpoint at 6-8137.

Perimeter Road off-limits

Host nation agreements restrict the road running along the perimeter fence to use by Turkish Air Force personnel. Runners along this road generate a security response by Turkish and American Air Forces. Runners should stay off this road. For more information on authorized running routes, call the fitness center at 6-6086.

Flight keeps Incirlik prepared for worst

39th CES Readiness ready, willing, able to train for, react to disaster

By Tech. Sgt. Brian Jones
39th Air Base Wing Public Affairs

As evident by recent natural disasters in the United States, preparation is key to averting major loss of life and property. At Incirlik, one organization is charged with ensuring the wing is ready “just in case” a worst-case scenario arises – the 39th Civil Engineer Squadron Readiness Flight.

“We facilitate the base’s disaster response force (for situations like) fires, floods and terrorist attacks,” said Capt. Cliff Reimer, 39th CES readiness flight commander.

“You’re not going to notice us until something bad happens – then we’re all over the place.”

The 10-person readiness team is organized into three elements – plans and operations, training and logistics guaranteeing the flight in ready to meet any scenario head on.

The plans and operations section is centered on the Full Spectrum Threat Response Plan, the bible of wing disaster response actions.

“The FSTR involves everyone on base in one facet or another,” said Captain Reimer.

“In an incident, every unit on base has a specific checklist,” added 1st Lt. Maurice Harris, 39th CES Readiness Flight officer in charge of plans and operations. “It’s clear what everyone’s responsibilities are.”

The plans and operations section is also in charge of coordinating the wing’s Disaster Control Group, a collection of functional area experts ready to react to any emergent situation. The element also manages the base’s specialty response teams to include shelter management, the readiness support team and decontamination operations.

“We’re the backbone of disaster response from advising the on-scene commander, standing up the DCG, mobilizing the mobile command post and standing up specialty teams as needed,” said Captain Reimer.

The readiness team relies upon specialty equipment in order to accomplish its mission and protect the base. Managing and maintaining this equipment falls to the readiness flight’s logistics section.

“The logistics section equips and deploys the DCG and mobile command post as



Photo by Airman 1st Class Dawn Duman

Senior Airman Jessica King, 39th Civil Engineer Squadron readiness journeyman, simulates treatment for nerve agent exposure for Airman 1st Class Shaun Zinner, 39th CES readiness journeyman, with a 2 PAM Chloride auto injector.

well as managing all radio, cell phone and vehicle assets for the DCG,” said the readiness flight commander. “They also maintain, procure and inspect all of the NBC (nuclear, biological and chemical) detective equipment.”

The final section of the readiness flight, and the one most Airmen are familiar with, is the training section. The readiness flight conducts eight NBC defense and two readiness support classes per month in addition to hazardous materials and DCG training.

The flight trains 1,600 personnel per year in NBC defense at Incirlik and an additional 150 to 200 people at the wing’s geographically separated units.

While the readiness flight is probably best known for its training function, team members emphasize that conducting classroom sessions is just a part of their mission.

“Our sole job isn’t just teaching chem warfare,” said Staff Sgt. Rory Cain, 39th CES NCO in charge of logistics. “We’re the Air Force’s version of emergency management and response.”

When a disaster strikes, the response necessary is much more than a ten-person team can handle. For this reason, the readi-

ness flight relies on a trained readiness support team.

“When we are faced with a threat, we can’t support the entire wing without augmentees,” said Senior Airman Jessica King, 39th CES plans and operations journeyman. “We may recall them to help run the mobile command post, help with set up and run operations.”

Currently, the readiness flight has 44 augmentees, who after initial training, report back to the readiness flight for monthly refresher courses.

“It’s not a quick one-day training thing. It takes months (to be qualified),” said Senior Airman Katie Rivera, 39th CES readiness journeyman. “They are very valuable to us and a very important mission capability for the wing.”

If a disaster were to hit Incirlik, the 39th CES readiness flight stands ready to ensure a bad situation doesn’t get worse.

“We have to prepare for the worst case scenario. We’re all about just in case. We train for just in case,” said Airman 1st Class Wesley Lacaze, 39th CES readiness journeyman. “When it goes down, we’ll be there.”

Good or bad

Sponsors leave lasting first impression on new arrivals

By Senior Airman Stephanie Hammer
39th Air Base Wing Public Affairs

Bad first impressions last a long time.

That is what William Robinson tries to instill in every person assigned as a sponsor here.

"As a sponsor, you are the first impression of Incirlik Air Base, your unit and your section," said Mr. Robinson, 39th Mission Support Squadron Family Support Center community readiness consultant. "The last thing we need is for a newcomer to arrive with a bad impression of his or her unit."

That bad first impression is something one Airman here had to overcome. After landing, he and his family were left at the airport.

"I was irritated," said Tech. Sgt. Evan Schleifer, 39th Air Base Wing Anti-terrorism Force Protection NCO in charge. "I let him know when we were coming in and he assured me he would be there. I had his cell phone and home phone numbers but he never answered."

Fortunately, Sergeant Schleifer had a friend in country who came to his aid and helped him get settled. However, that might not be the case for everyone, especially when they are PCSing overseas.

When someone is assigned to a unit, a person from that unit is officially tasked to become that person's sponsor. A sponsor is the "in-the-know" person who can provide up-to-date, honest and straightforward information on their new duty station and the surrounding community. They also provide the newcomer with enough information to assist them in making important decisions.

The first thing a sponsor should do is make contact with the newcomer, according to Mr. Robinson.

"That doesn't mean next week or next month; it means ASAP (as soon as possible)," he said. "If at all possible, make the contact by telephone. To hear a friendly, concerned voice on the other end of a phone line makes a big difference in how (a person perceives) the up-

coming move. You can always follow-up with an e-mail.

"One of the biggest complaints is non-contact or lack of pertinent information," he continued. "Every supervisor should be involved in the program and should be on top of how the sponsor is interacting with the newcomer. If the sponsor isn't doing the job, someone should step in and make sure that individual understands the importance of the assigned duty."

After initial contact, the sponsor's job is to stay in touch with the incoming person until they arrive on station and are settled.

"Until the family is settled, the member will not be settled which can distract from mission accomplishment," said Mr. Robinson.

"My sponsor did nothing," said Sergeant Schleifer. "I set up everything, got the sponsor package and mailbox myself, and when I arrived, I had to call a friend to get around. It would have been nice if my sponsor would have showed up to help me out as promised."

Every newcomer is different and has different needs. This can present sponsors with a challenge.

"Being a good sponsor shouldn't be a big challenge, it should be an interesting challenge," said Mr. Robinson. "I suppose one of the biggest challenges is if the sponsor is not of the same gender or marital status. Supervisors should look at these elements when assigning sponsors.

"A good sponsor should remember how it was to come on an assignment with lots of questions in their minds," he continued. "The old adage about treating someone in the same manner as you would like to be treated is still true – provide good, honest information; be there when the need arises; and step away when you are not needed."

The family support center provides sponsorship training once a month, but Mr. Robinson said he is happy to come to individual units for training. For more information about the classes, call the FSC at 6-6755.

Conserving energy at home helps Incirlik reach goals

By Jerry Arnold
39th Civil Engineer Squadron

Energy conservation is a concern for all Air Force installations. According to Executive Order 12902, all federal facilities must cut their energy consumption by 30 percent by the end of this year.

Incirlik is at the front of this drive in U.S. Air Forces in Europe, second only to Moron Air Base, Spain. Incirlik people can help take the top spot by watching their energy consumption at home.

At this time, energy consumption in Incirlik housing remains at the same level it was at in 2000.

Bringing energy consumption down even a little bit in each house on Incirlik can save

both the base and the Air Force a lot of money.

A few ways for people to save energy in their homes are:

- ♦ Turn off all lights when not in the room. Be sure to turn off all outside lights before retiring for the night.

- ♦ Heating and cooling: As a starting point, set thermostat at 78 degrees Fahrenheit during the summer and 65 degrees Fahrenheit during the winter. Since all thermostats are not exact, you may need to gradually adjust your thermostat until you find a reasonable comfort level. Then stick with it – resist the urge to fine-tune it when it is a little chilly or a little warm.

- ♦ Washer and dryer: Wash and dry only full loads, but don't overload.

- ♦ Dishwasher: Wash only full loads. A good dishwasher actually uses less water and energy than washing the same number of dishes in the sink.

- ♦ Refrigerator: Do not leave door open any longer than necessary. Clean coils in the back or bottom front at least twice a year.

- ♦ Report, or repair, leaky faucets immediately, particularly hot water. Leaky faucets waste up to 200 gallons of water a month.

- ♦ Avoid heating or cooling the outside. Remember to close doors and windows.

These small steps can go a long way toward making Incirlik top dog on the energy conservation heap. Even children can help conserve energy at home by learning one good rule of energy conservation: if it is not being used, turn it off.



Ask MEHMET

By Mehmet Birbiri, Host Nation Adviser

Fast Breaking tent

Question: Mehmet, I have seen a huge tent set up between the museum and the big mosque in Adana. What is the purpose for that tent?

Answer: That tent was set up by the Adana Municipality to serve fast breaking food to people in the evenings during the month of Ramazan. More than the fasting people, people who are poor and needy can get food from that tent daily.

That huge tent can accommodate 2,000 people at once. Every evening four different dishes are cooked and served.

The Seyhan Municipality, on the western side of the river, also has a Ramazan fast breaking tent. That tent can accommodate 500 people at once.

Almost every municipality in Turkey sets up a Ramazan tent annually. In addition to the donations made by wealthy Moslems, city funds are used to run those tents.

Ramazan night life

Question: Mehmet, we know that the Moslems fast during day time during Ramazan and there is almost nothing happening. Are there any special events at night during Ramazan?

Response: The first thing that comes to mind is the television. Most of the TV stations, but primarily the state-run Turkish Radio Television Cooperation, air special programs all night long during the holy month.

In addition to entertainment programs, most of the programs are about Islam, fasting, holy figures of the religion and God. A popular shadow theatre-game called *Karagoz* and other children's films are aired too.

In the evenings, after breaking the fast, people mostly go to mosque for the special *teravih* prayer done only during this holy month.

Some people invite their friends to break their fast together. It's customary for the housewife to show her talent and skills in cooking and preparing good food.



Photo by Tech Sgt. Brian Jones

During Ramazan, when nearly 65 percent of the nation fasts, fast breaking tents are set up in nearly every municipality in Turkey. People fasting, the poor and the needy can get food from the tent. The tent by the Sabanci Mosque can hold up to 2,000 people.

After such meals, the group stays together for most of the night to talk about religion and daily life.

Another tradition is that some wealthy people invite poor people to their fast-breaking dinners.

Another way of getting together for fast breaking is going to big hotels or restaurants which serve special *iftar* or dinner meals.

Ramazan Bread

Question: I love to eat Turkish bread (*ekmek*), and it seems to get better and better. At first there were only two types of bread and now there's a lot. Are there more choices just during Ramazan?

Response: I share your enthusiasm about *ekmek*, and it's the main reason why some Turkish men have a little belly.

I wish we had more choices of *ekmek* all year round, but normally Ramazan brings out the culinary skills in our bakers.

The specially-baked *ekmek* during Ramazan is called *Ramazan Pidesi*. Those are the round breads with sesame seeds on it you see. There are some bakers who prepare it with other seeds on it.

Many people would like to have the special and newly baked, steaming Ramazan

Pidesi in the evening and you see some long lines in front bakeries at about 4 p.m. daily.

Fasting

Question: I know this is the fasting month for the Moslems, but I see some Turkish nationals eat and drink during the day. Shouldn't all Moslems fast this month? What is the percentage of Turkish people fasting during Ramazan?

Response: Moslems should fast during the month of Ramazan, but Turkey is a secular state and people are free to choose their religion and the way of worship. Freedom of religion is guaranteed under the constitution, so no one can be forced to fast.

Travelers, sick people, pregnant women, children and soldiers at war are exempt from fasting.

According to a survey done by Turkey's State Statistics Institution, 65 percent of Turkish people fast regularly during Ramazan, 20 percent fast from time to time and 15 percent never fast.

Do you have a question about something Turkish? Ask Mehmet. To submit a question, call 6-6060 or e-mail mehmet.birbiri@incirlik.af.mil.

THE INCIRLIK GUIDE

Adoption day

Pets are Worth Saving is holding an adoption day from 10 a.m. to 5 p.m. Saturday in front of the base exchange. All animals have current shots and a clean bill of health. For more information, call Stacey Moore at 6-5932 or e-mail stacey.moore@incirlik.af.mil.

Drug free walk

A Red Ribbon Week parade is 8 a.m. Oct. 28 from the school to the base exchange parking lot. Children from the elementary and middle schools are marching in honor of their pledge to stay drug free. For more information, call the elementary school at 6-3109.

Book fair

The Incirlik Parent, Teacher, Student Association is sponsoring a book fair from 8 a.m. to 2 p.m. Monday through Oct. 28 at the elementary school. For more information, call Julie Hayes at 6-5811.

CFC fundraiser

A nine pin bowling tourney is Oct. 28. There are two shifts starting at 9 a.m. and 12:30 p.m. Five-person teams may play. Cost is \$10 per person. All proceeds go toward the Incirlik contribution to the Combined Federal Campaign. To sign up, call Capt. Frank Porcil at 6-6706 or e-mail frank.porcil@incirlik.af.mil.

Dads' 101

A class for new and expectant fathers is 9 to 11 a.m. Oct. 28, Nov. 4 and Nov. 18 in the hospital conference room. For more information, call Casey Wichlacz at 6-6452.

Halloween parties

A Halloween themed **Final Friday** celebration is from 5 to 7 p.m. Oct. 28 at the club. A **Halloween party** starts 9 p.m. at the club. Prizes will be given for best, worst and couple costumes and more. For more information, call the club at 6-6101.

WARRIOR OF THE WEEK



Tech. Sgt. Craig Brodber

39th Mission Support Squadron NCO in charge of promotions and special actions

Time in service: 11 years

Hometown: Laurelton, N.Y.

Time on station: One year and 10 months

Hobbies: Running and biking

Why did you join the Air Force?

I joined because I liked the educational and travel opportunities and I wanted to learn a skill and get a good start on life.

What do you like the most about Incirlik?

I like the climate and the small community here.

How do you contribute to the mission?

I ensure each person assigned to Incirlik and

our geographically separated units receive promotion consideration. By monitoring and reducing system errors, I am able to ensure that each individual's data is correctly weighed for promotion. Additionally, my office is responsible for the Senior Airman Below-the-Zone and Stripes for Exceptional Performers programs, along with updating adverse promotion actions like Article 15 grade reductions and administrative demotions.

What is your favorite motto and why?

"Do it right the first time." Doing things right the first time will prevent future discrepancies from occurring. This saves time, money and possibly bodily harm in the long run.

What Air Force core value best describes you and why?

"Excellence in all we do." This culminates the preceding two Air Force values because excellence in all we do day in and day out shows we take pride in ourselves, our coworkers, our organization and in the overall Air Force mission.

Supervisor's quote:

"Craig is a dedicated and role-model worthy NCO," said Master Sgt. Roderick Campbell, 39th Mission Support Squadron superintendent of career enhancements. "He epitomizes the Air Force core values both on and off duty."

Classifieds

For sale: X-Box with two games and one controller. System is brand new. Asking \$150. For more information, call

Tylor Shellenberger at 6-5563.

For sale: ProForm 700 Cardio Cross Trainer in great condition. Used for only one year. Asking \$250 OBO.

For more information, call Katie Averill at 6-2025.

Free to a good home: A 2-year-old Norwegian Elkhound that is housebroken, neutered and has all current shots. He is extremely friendly but still young. Ideal home would have children or a full-time occupant as he loves company and exercise. For more information, call Danielle Reed at 6-8447.

Volunteers needed: The Official Documents Center is looking for volunteers for the upcoming holiday season. For more information, call the ODC at 6-6301.

Job available: Part-time opening at clinic for medical records coordinator. Duties in-

clude retrieving, copying, scanning and tracking medical records. Must have a high school degree or GED, experience as a medical records technician or in a medical clinic, organizational skills, attention to detail and ability to multitask. For more information, call Susan Bicknell at 6-8829.



This is the solution for the crossword published in the Oct. 7 *Tip of the Sword*. Crossword puzzles are published in the first *Tip of the Sword* edition of every month. For more information, call 6-6060 or e-mail the *Tip of the Sword* at tip.sword@incirlik.af.mil

COMBAT, SPECIAL INTEREST PROGRAM

Project Wizard

There are volunteer opportunities at the library. People can read stories to children or help the staff with the book, movie or music collections. For more information, call the library at 6-6759.

Project SMART

The "Click it or Ticket" campaign is a law enforcement initiative to change unsafe behavior through education. People should make it a habit to buckle up every time they get in a vehicle and make a positive change in safety on the road. For more information, call the law enforcement desk at 6-3200 or the safety office at 6-7233.

Combat Fitness

A new **cardio children's room** is opening at the fitness center Wednesday for those parents who wish to bring their children with them while they work out. Childcare is not provided at the fitness center, the room has cardio equipment for adults to use and a small play area and television for children. Children must be supervised at all times. For more information, call the fitness center at 6-6086.

The **Halloween five kilometer fun run or walk** is 7:30 a.m. Oct. 29 at Arkadas Park. For more information, call the fitness center at 6-6086.

The fourth annual **Warrior Challenge** sports day is 7:30 a.m. Nov. 4 at Arkadas Park. For more information, call Mike Correll at 6-3630.

People who are not in the **FitLinxx system** can go to their unit fitness program monitor to get registered. FitLinxx lets people update and keep a current record of all fitness program workouts. For more information, call the fitness center at 6-6086.

The **massage therapy program** has fully trained, certified and licensed male and female therapists. Half hour and hour sessions are available. Appointments can be made from 10 a.m. to 8 p.m. Mondays through Saturdays. For more information or to make an appointment, call the fitness center at 6-6086.



Photo by Airman Renee Saylock

(Left to right) Ali Calkamis, Ali Canbolat, Mustafa Sazil and Rahim Akcakoyun, 39th Civil Engineer Squadron Fire Protection Flight firefighters, carry a victim of the simulated earthquake during the disaster response exercise Friday. The exercise helped ensure Incirlik's readiness should a real disaster strike.



AT THE OASIS

Today

7 p.m. – The Cave (PG-13) – Starring Morris Chestnut and Eddi Cibrian. Rescue workers go into the world's largest cave system and discover there are horrifying creatures inside. (97 minutes)

9:15 p.m. – Deuce Bigalow: European Gigolo (R) – Starring Rob Schneider and Eddie Griffin. Deuce must go back to work to clear his former pimp of murder charges. (90 minutes)

Saturday

5 p.m. – Dukes of Hazzard (PG-13) – Starring Sean William Scott and Jessica Simpson. Bo and Luke Duke try to save their family farm from commissioner Boss Hogg. (85 minutes)

7:30 p.m. – The Cave (PG-13) – Starring Morris Chestnut and Eddi Cibrian. (97 minutes)

Sunday

7 p.m. – The Great Raid (R) – Starring Benjamin Bratt and James Franco. The true story of the 6th Ranger Battalion and their daring rescue of American prisoners of war from a Japanese POW camp. (90 minutes)

Thursday

7 p.m. – The Great Raid (R) – Starring Benjamin Bratt and James Franco. (90 minutes)

AT THE M1

The Transporter 2 (PG-13) – Starring Jason Statham and Alessandro Gassmann at 11 a.m., 1 p.m., 3 p.m., 5 p.m., 7 p.m. and 9 p.m. (90 minutes)

Deuce Bigalow: European Gigolo (R) – Starring Rob Schneider and Eddie Griffin at 1:15 p.m., 3:15 p.m., 5:15 p.m., 7:15 p.m. and 9:15 p.m. (83 minutes)

Lord of War (R) – Starring Nicholas Cage and Jared Leto at 11:30 a.m., 2 p.m., 4 p.m., 7 p.m., and 9:15 p.m. (122 minutes)

The 40 Year Old Virgin (R) – Starring Steve Carell and Catherine Keener at 11:15 a.m., 1:45 p.m., 3:45 p.m., 6:45 p.m., and 9:15 p.m. (116 minutes)

Doom (R) – Starring The Rock, Karl Urban and Rosamund Pike at 11:15 a.m., 1:30 p.m., 4:15 p.m., 6:45 p.m. and 9:15 p.m. (105 minutes)

Movie listings are subject to changes. On-base listings are courtesy of the Army and Air Force Exchange Service Web site at <http://www.aafes.com/ems/euro/incirlik.htm>; M-1 listings are courtesy of Tepe Cinemaxx. For more Oasis information and updates, call the movie recording at 6-6986 or the theater office at 6-9140.